



## **Capital Area Race Series (CARS) Team Competition**

### **Team Member Signup and Rules**

- 1. A team must have a minimum of three finishers in order to score at each race.**
- 2. The best six (6) races count towards final tally.**
- 3. Team rosters may include as many CARS registered runners as desired. Your top three finishers may be different runners at different races, as long as they are listed on your team roster. Not all rostered runners must run all races.**
- 4. Runners may run on a CARS team and also compete for other teams at individual CARS races (Ex. State agency at SEA race).**
- 5. Team members and name of team captain can be submitted to Bill Teschek at Granite State Racing Services ([teschek@gmail.com](mailto:teschek@gmail.com)), as soon as CARS registration opens for the upcoming season. Team members and team captain must be submitted no later than start of our third series race (currently Canterbury Shaker Village 5K) in order to get your team established.**
- 6. Team members may be added by the team captain using the e-mails above at any time during series. New team members may not score for team retroactively.**
- 7. Positively no roster switches may be added where runner jumps from one team to another. This is bad form in terms of team allegiance.**
- 8. There will be a \$500.00 dollar prize to the top team finisher, \$300.00 to second place and \$200.00 for third place. These cash prizes will be awarded at conclusion of last race.**
- 9. Team scoring is the sum of the best three age and gender-graded scores at race.**

**There will be a trophy cup with base for the winning team awarded at the completion of the last race. The winning team will get to keep the trophy cup for 1 year, and then it goes to the next winning team. The base will have small plaques indicating the winning team for each year.**